Program C 2021/22 Season

	U6B	U6G	U7B	U7G	U8 B	U8 G	U9 B	U9 G	U10 B	U10 G	U11 B	U11 G	U12 B	U12 G	U13 - 16 B	U13 - 16 G
8.30	Warm UP	Warm Up	Warm Up	Warm UP	Warm UP	Warm UP	Warm UP	Warm UP	Warm UP	Warm UP	Warm UP	Warm UP	Warm UP	Warm UP	Warm UP	Warm UP
8.45	On Track	On Track	On Track	On Track	Disc (1)	SP(2)	Turbo (2)	Turbo(1)	HJ Scissor	SP (1)					U15-16 300H	
8.50	On Track	On Track	On Track	On Track	Disc (1)	SP(2)	Turbo(2)	Turbo(1)	HJ Scissor	SP (1)	80H		80H		U14 200H	
8.55	On Track	On Track	On Track	On Track	Disc (1)	SP(2)	Turbo(2)	Turbo(1)	HJ Scissor	SP (1)		80H		80H	U13 200H	
9.00	On Track	On Track	On Track	On Track	Disc (1)	SP(2)	Turbo(2)	Turbo(1)	HJ Scissor	SP (1)						U115-16 300H
9.05	On Track	On Track	On Track	On Track	Disc (1)	SP(2)	Turbo(2)	Turbo(1)	HJ Scissor	SP (1)						U14 200H
9.10	On Track	On Track	On Track	On Track	Disc (1)	SP(2)	Turbo(2)	Turbo(1)	HJ Scissor	SP (1)						U13 200H
9.15			SP (1)								Disc (2)	SP (2)	Jav	LJ (2)	TJ	HJ Flop
9.20	70M	70M	SP (1)	70M			400M				Disc (2)	SP (2)	Jav	LJ (2)	TJ	HJ Flop
9.25			SP (1)		70M	70M		400M	400M	400M	Disc (2)	SP (2)	Jav	LJ (2)	TJ	HJ Flop
9.30			SP (1)								Disc (2)	SP (2)	Jav	LJ (2)	TJ	HJ Flop
9.35			SP (1)								Disc (2)	SP (2)	Jav	LJ (2)	TJ	HJ Flop
9.40			SP (1)								Disc (2)	SP (2)	Jav	LJ (2)	TJ	HJ Flop
9.45	Disc(2)	SP (2)		Vortex (1)	LJ (1)	Vortex (2)	LJ(2)	SP (1)	Disc(1)	Turbo						
9.50	Disc(2)	SP (2)	70M	Vortex (1)	LJ (1)	Vortex (2)	LJ(2)	SP (1)	Disc(1)	Turbo		400M				
9.55	Disc(2)	SP (2)		Vortex (1)	LJ (1)	Vortex (2)	LJ(2)	SP (1)	Disc(1)	Turbo			400M			400M
10.00	Disc(2)	SP (2)		Vortex (1)	LJ (1)	Vortex (2)	LJ(2)	SP (1)	Disc(1)	Turbo	400M			400M		
10.05	Disc(2)	SP (2)		Voretx (1)	LJ (1)	Vortex (2)	LJ(2)	SP (1)	Disc(1)	Turbo					400M	
10.10	Disc(2)	SP (2)		Vortex (1)	LJ (1)	Vortex (2)	LJ(2)	SP (1)	Disc(1)	Turbo						
10.15			LJ (2)					LJ (1)			HJ Flop	Disc (1)	TJ		SP (1)	Disc (2)
10.20	100M	100M	LJ (2)	100M	100M		100M	LJ (1)	70M		HJ Flop	Disc (1)	TJ	100M	SP (1)	Disc (2)
10.25			LJ (2)			100M		LJ (1)		70M	HJ Flop	Disc (1)	TJ		SP (1)	Disc (2)
10.30			LJ (2)					LJ (1)			HJ Flop	Disc (1)	TJ		SP (1)	Disc (2)
10.35			LJ (2)					LJ (1)			HJ Flop	Disc (1)	TJ		SP (1)	Disc (2)
10.40			LJ (2)					LJ (1)			HJ Flop	Disc (1)	TJ		SP (1)	Disc (2)
10.45				Disc (2)	SP(1)	LJ (2)	HJ Scissor		LJ(1)	Disc(1)				HJFlop		
10.50				Disc (2)	SP(1)	LJ (2)	HJ Scissor	100M	LJ(1)	Disc(1)		100M		HJFlop	100M	
11.00			100M	Disc (2)	SP(1)	LJ (2)	HJ Scissor		LJ(1)	Disc(1)			100M	HJFlop		
11.05				Disc (2)	SP(1)	LJ (2)	HJ Scissor		LJ(1)	Disc(1)	100M			HJFlop		100M
11.10				Disc (2)	SP(1)	LJ (2)	HJ Scissor		LJ(1)	Disc(1)				HJFlop		
11.15				Disc (2)	SP(1)	LJ (2)	HJ Scissor		LJ(1)	Disc(1)				HJFlop		
11.20											Javelin		Disc (1)		Javelin	
11.25											Javelin		Disc (1)		Javelin	
11.30											Javelin		Disc (1)		Javelin	
11.35											Javelin		Disc (1)		Javelin	
11.40											Javelin		Disc (1)		Javelin	
11.45																