Program D 2021/22 Season

	U6B	U6G	U7B	U7G	U8 B	U8 G	U9 B	U9 G	U10 B	U10 G	U11 B	U11 G	U12 B	U12 G	U13 - 16 B	U13 - 16 G
8.30	Warm UP	Warm UP	Warm Up	Warm UP	Warm UP	Warm UP	Warm UP	Warm UP	Warm UP	Warm UP	Warm UP	Warm UP	Warm UP	Warm UP	Warm UP	Warm UP
8.45	On Track	On Track	On Track	On Track	60H	60H	60H	60H	60H	60H	HJFlop	LJ(1)	LJ (2)	TJ	1500M	
8.50	On Track	On Track	On Track	On Track							HJFlop	LJ(1)	LJ (2)	TJ		
8.55	On Track	On Track	On Track	On Track							HJFlop	LJ(1)	LJ (2)	TJ		1500M
9.00	On Track	On Track	On Track	On Track							HJFlop	LJ(1)	LJ (2)	TJ		
9.05	On Track	On Track	On Track	On Track							HJFlop	LJ(1)	LJ (2)	TJ		
9.10	On Track	On Track	On Track	On Track							HJFlop	LJ(1)	LJ (2)	TJ		
9.15					LJ (2)	SP(2)	Turbo (1)	Disc(2)	HJScissor	Turbo (2)					Disc(1)	SP (1)
9.20	70M	70M		70M	LJ (2)	SP(2)	Turbo (1)	Disc(2)	HJScissor	Turbo (2)	1500M	1500M			Disc(1)	SP (1)
9.25			70M		LJ (2)	SP(2)	Turbo (1)	Disc(2)	HJScissor	Turbo (2)				1500M	Disc(1)	SP (1)
9.30					LJ (2)	SP(2)	Turbo (1)	Disc(2)	HJScissor	Turbo (2)			1500M		Disc(1)	SP (1)
9.35					LJ (2)	SP(2)	Turbo (1)	Disc(2)	HJScissor	Turbo (2)					Disc(1)	SP (1)
9.40					LJ (2)	SP(2)	Turbo (1)	Disc(2)	HJScissor	Turbo (2)					Disc(1)	SP (1)
9.45	LJ (2)	Disc (2)	Vortex (1)	Vortex (2)							TJ	Jav	HJ Flop	SP (2)	LJ(1)	
9.50	LJ (2)	Disc (2)	Vortex (1)	Vortex (2)	100M		200M	200M			TJ	Jav	HJ Flop	SP (2)	LJ(1)	200M
9.55	LJ (2)	Disc (2)	Voretx(1)	Vortex (2)		100M			200M		TJ	Jav	HJ Flop	SP (2)	LJ(1)	
10.00	LJ (2)	Disc (2)	Vortex (1)	Vortex (2)						200M	TJ	Jav	HJ Flop	SP (2)	LJ(1)	
10.05	LJ (2)	Disc (2)	Vortex (1)	Vortex (2)							TJ	Jav	HJ Flop	SP (2)	LJ(1)	
10.10	LJ (2)	Disc (2)	Vortex(1)	Vortex (2)							TJ	Jav	HJ Flop	SP (2)	LJ(1)	
10.15				LJ (1)	Disc(1)	HJScissor	SP (1)	Turbo	Disc (2)	SP (2)						Javelin
10.20	100M	100M	100M	LJ (1)	Disc(1)	HJScissor	SP (1)	Turbo	Disc (2)	SP (2)	100M	100M	100M			Javelin
10.25				LJ (1)	Disc(1)	HJScissor	SP (1)	Turbo	Disc (2)	SP (2)					200M	Javelin
10.30				LJ (1)	Disc(1)	HJScissor	SP (1)	Turbo	Disc (2)	SP (2)						Javelin
10.35				LJ (1)	Disc(1)	HJScissor	SP (1)	Turbo	Disc (2)	SP (2)				200M		Javelin
10.40				LJ (1)	Disc(1)	HJScissor	SP (1)	Turbo	Disc (2)	SP (2)						Javelin
10.45			SP (2)		HJScissor	LJ (1)					LJ (2)	TJ	SP(1)	Disc(1)	HJ Flop	
10.50			SP (2)	100M	HJScissor	LJ (1)		100M			LJ (2)	TJ	SP(1)	Disc(1)	HJ Flop	100M
10.55			SP (2)		HJScissor	LJ (1)	100M		100M		LJ (2)	TJ	SP(1)	Disc(1)	HJ Flop	
11.00			SP (2)		HJScissor	LJ (1)				100M	LJ (2)	TJ	SP(1)	Disc(1)	HJ Flop	
11.05			SP (2)		HJScissor	LJ (1)					LJ (2)	TJ	SP(1)	Disc(1)	HJ Flop	
11.10			SP (2)		HJScissor	LJ (1)					LJ (2)	TJ	SP(1)	Disc(1)	HJ Flop	
11.15												SP (1)		Javelin		TJ
11.20												SP (1)		Javelin		TJ
11.25												SP (1)		Javelin		TJ
11.30												SP (1)		Javelin		TJ
11.35												SP (1)		Javelin		TJ
11.40																
11.45																